

Cool Ray's Cool Terms Every Hockey Fan Should Know

Assist: a pass of the puck that helps another player score a goal

Boarding: a penalty called when a player knocks an opposing player into the boards

Checking: keeping an opposing player from going where they want to go

Cross-checking: a penalty where you check another player with your hockey stick

Face-off: two players stand face to face in the face-off circle and a referee drops the puck between them to see who can get the puck first. This is how a hockey game begins!

Goal: when the puck enters the net! A goal=1 point!

Goaltender: also called a goalie, they guard the goal to keep the other team from scoring

Hat trick: when a hockey player scores 3 goals in 1 game

High sticking: a penalty where a player hits another player above the shoulder with the stick

Holding: a penalty where a player grabs another player or the other player's stick

Hooking: a penalty where a player uses his stick or skate blade to hold up another player's progress

Icing: a violation that occurs when a player shoots the puck across both the red line and the opposing team's goal line without the puck going into the net

Penalty Shot: a penalty awarded when a player loses a chance to score because of the opposing team. One player gets to shoot one shot with only the goalie there to stop it.

Power play: when a player is sent to the penalty box, the other team has more players on the ice which is a power play!

Slap shot: a very hard shot where the player actually slaps the stick onto the ice before hitting the puck

Snap shot: a shot done with a quick snap of the wrist

Zamboni: the machine that smoothes the surface of the ice hockey rink

What do all those lines mean on the ice?

